

KNOW BEFORE YOU GO

Holistic Holiday at Sea

Western Caribbean Cruise ~ March 17-24, 2023

Do I need a passport and/or visa?

FOR U.S. CITIZENS: It is necessary for all passengers to provide proof of citizenship and photo ID in one of the following forms:

- 1) A current passport that is valid for at least six months after your return date, or
- 2) An original or certified copy of your birth certificate and valid government issued photo ID (driver's license).

FOR NON-U.S. CITIZENS: You must have and carry a passport valid for six months beyond the duration of your travel. Please carefully verify the existing identification requirements for your particular travel situation. **For International passengers, please be sure you have the necessary Visas for travel to all countries listed on the itinerary if applicable.** One online resource to quickly find out about visa requirements is <http://www.visahq.com> or you may contact the individual embassy for more info.

How much time do I need to allow for embarking and disembarking?

For air arrivals and departures into Miami, FL (MIA) it is recommended that guests allow adequate time for transfers between the airport and pier, customs inspections, and airport security checks. On the day of departure (March 17) flights should arrive no later than 10:30 am into Miami (MIA) or 10:00 am into Ft. Lauderdale (FLL). If you do not require a pre-cruise transfer, you should arrive no later than Noon on the day of departure from Ft. Lauderdale and 1:00 pm at the latest from Miami Airport. On the day the ship returns, March 24th, you should depart Miami after 1:30 pm and Ft. Lauderdale after 2:00 pm if you require MSC transfers. If you do not require a post-cruise transfer, you should depart Miami no earlier than 12:00 Noon and Ft. Lauderdale after 1:00 pm.

Can I purchase transfers from the airport to the ship?

If you are arriving at the Miami (MIA) airport on the day of sailing, we can arrange for a MSC Cruise Line transfer for \$22.00 per person each direction. If you are arriving at the Ft. Lauderdale (FLL) airport on the day of sailing, you may add transfers to the ship for \$33.00 per person each direction. These transfers must be added to your cruise booking by **February 17, 2023**. It is mandatory that you provide the flight details to us when you make your transfer reservation. **Or you may take a taxi from the Miami airport to the pier as it is faster and less expensive if more than one person is traveling.**

Flights and Pre and Post Hotel Options in Miami

Holistic Holiday at Sea will be providing hotel accommodations offering group rates in October 2022. However, there are many good discount internet sites available, such as www.hotels.com or www.kayak.com, both offering a variety of different-priced hotel options and flight options.

When may I embark the ship?

The MSC *Divina* departs from the Port of Miami at 5:00 pm on March 17th, 2023. **Embarkation begins at approximately 11:00 am.** Guests are required to be at the Pier no later than two hours prior to sailing. Please note that when you do your online cruise check-in, you will be assigned a time by MSC for Pier Check-in. Online check-in will be 75 days before sailing and will close 5 days before departure. As long as you are onboard 90 minutes before departure you will not be denied boarding.

Dining room arrangements

Our group will have Early Dining at 6:00 pm where you will be seated with other Holistic Holiday at Sea group members. For a buffet style restaurant, you can try the Calumet Buffet on Deck 14 for breakfast or lunch and the attire is casual. MSC has enhanced the cruising experience for its guests in the Yacht Suites by adding a dining room for Suite guests only – Le Muse - located on Deck 15-Aft offering a vegan menu for dinner only and Hor d'oeuvres throughout the day. Only in the Main Dining Room, in addition to the buffet during breakfast and lunch only, will Vegan Cuisine be made available for all guests.

May I bring my own liquor On-Board?

Food or alcohol is not allowed to be brought onboard the ship.

Stateroom Amenities

All staterooms include safe, direct dial telephone, thermostat-controlled air-conditioning, mini-bar, bathroom accessories, hairdryers, and remote-controlled color TV. Staterooms are equipped with both North American standard 110 volt and European standard 220-volt outlets. Check your "Experience" level Amenities based on your category cabins at [Holistic Holiday at Sea Cruise webpage](#).

We're bringing the kids; any special activities for them?

Absolutely! Youth activities are organized by a special staff of youth counselors. The MSC Kids Club program is robust with activities for ages 3 to 17. Partnerships with **Lego** and **Chicco** are a big part of the activities. A fully equipped games room is also available with a vast selection of toys according to the needs of each age group. The Puffi's Kids Club has a Smurfs theme and spaces for 3-6YOs and 7-11YOs as well as a separate room for **baby care**, which offers both babysitting at an additional cost and hours where parents can play with their little ones. Please check onboard for babysitting arrangements and Kids Club hours as all services are subject to change.

What's included in the cruise price

- All meals, except in the specialty restaurants.
- All lodging per your pre-paid cabin of choice.
- Most entertainment, onboard activities, supervised kids' programs, and fitness center
- Holistic Holiday at Sea overall activities, and events. (Except those requiring an extra fee i.e. One-on-One Consultations, Cooking Bootcamp, All Shore Excursions)

What is not included in the cruise price?

- Air Transportation or transfers to the ship
- Shore excursions in the various ports, including the HHAS Group Excursions
- Full-service spa, beauty salon, fitness classes/personal trainer, telephone service, wi-fi, laundry/dry cleaning, photographs, casino gambling, and room service is based on the amenities featured in your cabin selection.

Dry Cleaning and Laundry

Dry cleaning and laundry services are available for a fee. Dry Cleaning is based on your garments and quantities. Laundry packages are available for purchase onboard.

Ship Staff Gratuities/Tips

The prepaid gratuity fee includes gratuities/tips for ship staff. Any additional tips are at your discretion.

Dining Attire:

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: Women: Dress, skirt, pants, or jeans with a casual top for women.
Men: Pants or jeans with a sport shirt that has sleeves for men – no shorts or flips flops.
- Formal Night: Women: Cocktail dress, skirt, pants, or designer jeans with elegant top for women.
Men: Pants or designer jeans with a dress shirt, button-down shirt or sweater, optional sport coat, suit, or blazer

Onboard Internet Access

There are special packages that you can purchase to give you internet access onboard. You may use your laptop in your stateroom or take advantage of the various locations throughout the ship that have internet stations for your usage.

When can I reserve my shore excursions?

MSC Cruises offers a variety of shore excursions at each of the Ports of Call. MSC Excursions has joined HHAS in offering a few select tours that will be HHAS group specific, offering a wholesome Vegan lunch or snack. These exclusives include relaxing, natural, and cultural tours suitable for guests of all ages as well as more active and sports-oriented excursions for those who prefer a little more excitement in their tour adventures. These exclusive shore excursions are now available to book - see the Holistic Holiday At Sea cruise website here: [HHAS Shore Excursions](#) for complete descriptions and links to order. Space is limited so we encourage you to sign up right away.

Parking Information

Parking is available at the Pier. Please refer to: [miamidade.gov/portmiami/parking](#). For a view of parking facilities near the Pier that offer shuttles services and discounts please refer [cruzely.com/portofmiamicruise/parking](#).

Ship Contact Information

Once you do your online check-in, your final preparation email (E-docs) will contain detailed information including the phone number for your ship. We recommend that you always leave your travel schedule with a trusted source.

Vaccination Requirements

For U.S. Travelers - Vaccinations are recommended but not required to cruise. Pre-cruise testing is recommended but not required for both Vaccinated and Unvaccinated guests. All crew members are required to be fully vaccinated and are regularly tested according to MSC Cruises health and safety protocols. All health protocols are subject to change.

For Non- US Residents/International Travelers - Vaccinations are recommended but not required to cruise. Pre-cruise testing is recommended but not required for fully vaccinated guests. Unvaccinated guests (ages 5 and older) are required to show proof of a negative Covid-19 viral test (NAAT or Antigen) taken within three days of embarkation from an authorized testing site. Children under 5 years of age are not required to submit a negative test.

Weather

Expected temperatures range from a low of 68° F (night) to a high of 85° F (day). It is advisable to check the internet for up-to-date weather conditions prior to sailing. A good site for reference is [www.weather.com](#)

